Dentist Well-Being Program Directory
State Well-Being Program Directory

For over twenty-five years, dentists have been available in an organized way to help each other with personal problems. It started with recovering dentists, and others with a sympathetic understanding of the disease of alcoholism and drug addiction, working to put a system in place to reach out to those who were still suffering. Peer assistance is just what it sounds like, one colleague being available to assist another with a particular need. Over the years, helping hands have also been extended to dentists with depression or other mental health disorders, those whose edges are frayed from chronic stress and burnout. This State Dentist Well-Being Program Directory provides a list of dentists in recovery or a healthcare professional by state who will serve as your point of contact and offer you support during your time of need.

DISCLAIMER
This publication is informational only and does not constitute professional advice; readers must consult with their own advisors for such advice. The American Dental Association does not necessarily endorse any of the information, recommendations, products and/or services of non-ADA resources that may be identified herein.
American Dental Association

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Dental Health and Wellness
Council on Dental Practice
Phone: 312.440.2895
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Though every effort has been made to insure accuracy of information in this book, we apologize for any errors. This directory is also available on the ADA’s website where updates are done periodically.

Additions, deletions, or corrections should be addressed to:

American Dental Association
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Dentist Health and Wellness
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Phone: 312.440.2895
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Web: www.aldaonline.org

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District of Columbia Dental Society
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Utah Recovery Assistance Program
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Wyoming Professional Assistance Program
Phone: 307.472.1222
ADA Resources

Frequently, you may have questions that require the attention of staff with expertise in a variety of areas. Please contact our member services center at: 312.440.2500.

ADA Website
ADA.org

Additional Resources

AA World Services
Phone: 212.870.3400

ALANON
Phone: 800.344.2666
757.563.1600

American Society of Addiction Medicine (ASAM)
Phone: 301.656.3920
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Email: email@asam.org
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American Psychological Association
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Washington, DC 20002
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Web: www.apa.org

Centers for Disease Control and Prevention (CDC)
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Hazelden Publishing
Phone: 800.328.9000
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National Library of Medicine
Web: www.nlm.nih.gov

National Suicide Hotline
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NIAAA
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NIDA
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Web: www.drugabuse.gov